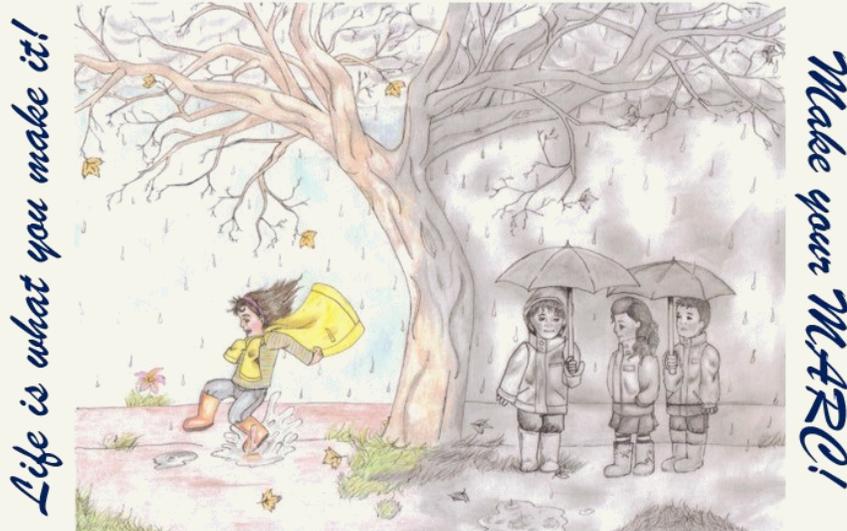


ReMars

Live it!



Life is what you make it!

Make your MARCH!

Hello! After 6 weeks of fun in the sun in Arizona and Texas coming home to what feels like breath taking cold, rain and snow is a lot to adjust to. Glad to be home, but boy was I spoiled by all that great weather!

Your MARC board will be meeting soon to work on the plans for the 2022 MARC Leadership and Conference “Get Your Kicks on Route 66!”. Watch for the registration form on the MARC website and start making your plans to attend. Let’s see if we can break some records this year! Largest attendance and the most new-comers for a conference would be a great achievement for MARC and ESA. Oklahoma has some great plans for us!

I hope everyone is planning to “Race to The Milestones Of ESA” at the IC Convention in Indianapolis in July. MARC will have our business meeting on Thursday, July 28 (during convention) and will have more MARC Conference news for you along with the normal business we need to conduct.

I look forward to seeing you all soon, whether at IC Convention or MARC Conference or both. I cherish our time together and some of my most wonderful memories have been made with all of you!

Take care, stay safe.

Kim Poling MARC President



Hello Everyone! 2022 is starting off with a bang! Kansas had to reschedule our Winter Board meeting, usually held in January, to February due to the rise in COVID cases and yucky weather. I was all ready to head to Leadership in Denver but Winter Storm Landon had other plans for me. I had three flights cancelled and couldn't even find a flight out of KC, Wichita or Salina that would get me there before Saturday morning without spending 13 hours in an airport waiting to connect. Hopefully, everyone who went got there and back safely.

I'm starting to think about filling my Elected and Appointed Boards and want to remind those who are thinking about running for an office to get their signed forms into Brenda Fields by 15 June. If you are interested in being on a committee, please send me an email.

I'm looking forward to our mid-year meeting in Oklahoma and seeing what that great State has planned for us in October! Hope to see everyone at IC convention in July!

Bonnie Templeton– VP



Hi All,

This is my Public Service Announcement!! As Junior Past President of MARC, I have the great pleasure of searching out candidates to run for the MARC Board. I am including the Nomination Form in this issue. If you are at all interested and want to learn more, I would love to talk with you about running for a position. Being on the board has given me the opportunity to meet so many people across the MARC states that I feel I can call my friends. It has been a wonderful experience. I will truly miss being on the board.

If you are interested, email me. My email address is on the Nominations form.

I hope to see many of you at IC in July!

Brenda Fields
Junior Past President, MARC





MIDWEST AREA REGIONAL COUNCIL
EPSILON SIGMA ALPHA INTERNATIONAL

NOMINATION FORM

We, the members of the _____ State Council, submit the following name in nomination for the office of _____ of the Midwest Area Regional Council.

NAME: _____ MEMBER NO. _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

TELEPHONE: _____ EMAIL: _____

QUALIFICATIONS: (Include all levels of ESA, IC, MARC, State, Chapter service. Also include Special Awards, Pallas Athene Degrees, Years in ESA, Life Active Memberships, Convention Attendance, Leadership Conferences, etc. You may continue qualifications on reverse side of the form or attach a separate sheet.)

Signed: _____ Date: _____
State Council President

I accept the nomination for the office: _____ of the Midwest Area Regional Council, and if elected will fulfill the duties to the best of my ability.

Signed: _____

RETURN BY JUNE 15TH
TO: Junior Past President
Midwest Area Regional Council
Brenda Fields
b.fields.esa@gmail.com

Midwest Area Regional Council Epsilon Sigma Alpha Mid-Year Meeting



Balance on Hand as of 10/09/2021 \$10,606.23

Income:

975/Voided	10/2/2021	ESA-MARC 2021 Conference	2021 Conference Loan	\$ 500.00
	10/15/2021	Deposit - Foundation		\$ 833.00
	10/15/2021	Deposit - W & M	50/50	\$ 280.00
	10/15/2021	Deposit - W & M	Box	\$ 515.00
	10/15/2021	Deposit - W & M	Tables	\$ 45.00
	10/15/2021	Deposit - W & M	Donation	\$ 20.00
	10/27/2021	2021 Marc Conf Loan		\$ 500.00
	1/11/2022	KS/2021 Conf profit		\$ 3,133.47

Total Income: \$ 5,826.47

Expenses:

979	10/9/2021	Marriot Hotel	2022 Conference Loan	\$ 500.00
980	10/15/2021	Brenda Fields	President Expenses to Marc	\$ 302.00
981	10/15/2021	ESA Foundation	Donation	\$ 833.00
982	12/14/2021	ESA Leadership	Bonnie Templeton	\$ 625.00
	2/8/2022	Check Order		\$ 35.35

Total Expenses: \$ 2,295.35

Balance on Hand as of 2/26/2022 \$ 14,137.35

***** Please note: \$22.00 and \$11.00 Fees were assessed for statements and snapshots of balance. Those have been requested to be refunded.

Amanda Rowland– Treasurer



Another beautiful Midwest winter is behind us as we now head into a wonderful Spring! As I write this we are preparing to head to Tulsa, Oklahoma to plan for the annual MARC Conference. I couldn't be more excited to meet with this amazing group and put together another INFORMATIVE and FUN conference.

Remember that the deadline for submitting proposed amendments, additions or deletions to the By-Laws and or Standing Rules is June 15th.

I look forward to seeing you all in Indianapolis in July at the IC Convention as we Race to the Milestones of ESA to celebrate 75 years of ESA and 50 years of partnership with St. Jude. And again in October as we gather for our MARC Conference. Stay safe and take good care!

Brenda Campbell– Parliamentarian



Veterans Service Organizations are facing similar issues as ESA...a decline in membership and the struggle to attract younger members. **Estimated** veteran numbers in the U.S. can be broken down by the following:

Gulf War:	7.8 million
Vietnam War:	5.9 million
Afghanistan/Iraq:	3 million
Korean Conflict:	933,000
WWII:	240,000



The demographics of Veterans is also changing; Veterans are younger and more demographically diverse, with women Veterans, now about 11%, projected to increase to around 18% in the next few decades. While there is an expected decline in Veterans in general (down 35% by 2046), **the needs of veterans will remain high.**

This need arises from several areas of concern; homelessness, mental health issues associated with PTSD and Traumatic Brain Injury, sexual assault trauma, and amputees.

So what can we do today, when traditional partners of ESA chapters are disappearing? How can we help younger veterans who do not join traditional service organizations? Truthfully, it's not a one answer solution. There are still national organizations out there fighting the good fight. Blue Star Mothers, Wounded Warrior Foundation, the Veterans Administration, and so many more State & Local organizations to name here. It's up to us to find these organizations and reach out and discover their needs. Here is a springboard for brainstorming ways to reach out:

Every State has at least 1 Veteran's Home

The Veteran's Health Administration has the largest health care integrated system in the U.S. with over 1,293 facilities

Veterans make up 6% of the U.S. population, but 8% of the homeless population-Find a Veteran Homeless Shelter near you

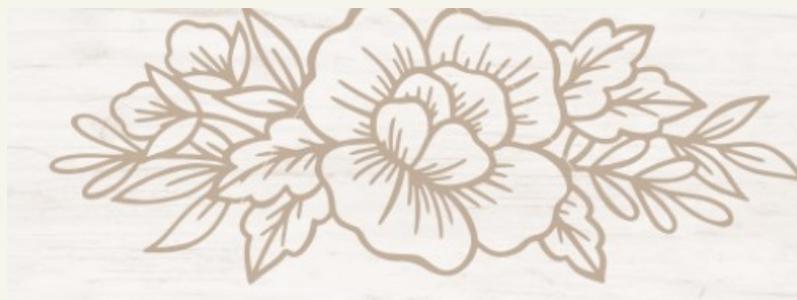
Diveheart is a non-profit that provides adaptive scuba dives to veterans. Find more info at diveheart.org

Check out Woven Women's Vets online and discover ways to help women vets who are recovering from sexual assault: wovenwomenvets.org

When we reach out to new organizations, we also spread the word of ESA. So remember:

"...and **that is how change happens. One gesture. One person. One moment at a time.**" —Libba Bray

Jennifer Sparkman– Hope for Heroes



Notes from Minnesota

Minnesota has been skating along through the year and between the snow falls. The sunshine has turned the backyard into a field of Snow Sparkles. Minnesota members and chapters have been busy with all sorts of projects, both philanthropic and social.

In connection with the Hopkins (Minnesota) Elks club, some members helped to serve meals and distribute food donations to veterans and to deliver "home starter" kits to veterans and their families as they start their new life in a new space.

Some members worked the St. Jude's radiothon in December. The radiothon has been revamped but was still very successful. The annual Style Show and Silent Auction was unsuspected this year. Though not quite as well attended, it was a good social and fundraising event. It was nice to see faces we had not seen for two years and to see what the stores are offering without actually going to the mall.

Our newest philanthropic project, Wishes and More, is very happy to be partnered with us. Our coordinator, Lori Thorpe, is figuring out ways the funds raised for them can also be an advertisement for ESA. Two bangs for the same bucks, like giving the bucks at the right time so we are listed as one of the bigger donors or to take advantage of matching funds.

Laying of Christmas wreath in conjunction with Wreaths Across America at Fort Snelling is always a rewarding activity. The sections with the wreaths are so beautiful when done. Lunch at a local restaurant is a great follow-up, especially on a cold day.

State leadership was lead by Julene Donnay. She touched on being a leader, brainstorming ways to increase membership, and making Valentine Treats for all the residents of the Veterans East apartments. Leadership was accompanied by a Chili Cook Off.

Minnesota Alpha Chi Chapter is celebrating its 71st year of chartering and Pat Peterson, an active member, is a CHARTER MEMBER. Congratulations to Alpha Chi and Pat.

Of course, the Minnesota Chapters cooperate to work our "Medtox" project, benefiting our philanthropic projects and ways and means. It has been very busy the last few months. It is with a sense of satisfaction, we have been able to meet the demand. Some of the workers don't remember they are retired!

Minnesota lost another very active 50 plus year member of ESA, Mary Parr. Mary was not able to be too active in the past few years, but she never lost her love for ESA. Mary attended many MARC events over the years.

Be the time this is in all of your hands, the snow will be melting (we hope) and the early spring flowers will be pushing through to the sun.

Diane Vanusek and Billie-Jane Mintjal - MARC Reps

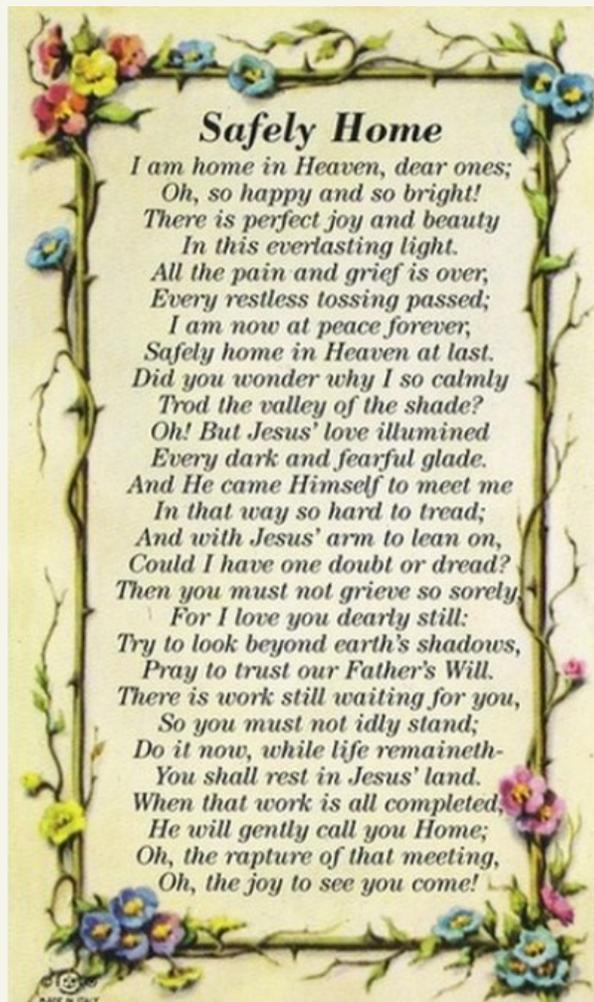


Mona Peck 2004-05 MARC President

"Team"= ("Together Everyone Achieves More in MARC")



Mona was a member of the Beta Sigma Chapter in Minneapolis MN. Pledged on 01/01/1960, she was a 62-year Life Member of ESA International and a Life Member of the ESA Foundation. Mona served her Chapter, State, MARC, IC and the Foundation in many capacities, including Chapter, State (1985-86), and MARC president and on the Foundation board. Her ESA spirit and enthusiasm radiated throughout her life. Mona was a very active and faithful member of ESA, volunteering her time and talent serving others. IC and State Conventions were always on her agenda. Mona liked entertaining guests, serving gourmet meals, giving the greatest hugs and was always willing to give family, friends and ESA members a helping hand. Mona and her partner Jim moved to Bruce, WI in 2017 to enjoy their home near the river (country living for a city girl). Jim took loving care of Mona as her health declined. Mona passed away on 01/26/2022.



Notes from Missouri

We are trying to keep warm in Missouri. I don't know about you but we are so tired of the cold.

This past weekend we held our Winter Board meeting in Columbia Missouri. As always, we had a great time. We learned a lot and did some chair yoga as one of our workshops. Afterwards, we laughed and thought if we had uploaded the video to TikTok, we could have raised a lot of money for St. Jude. It would probably have gone viral. LOL!

Chapters across the State are busy doing philanthropic projects. Our Beta Tau Chapter for example, supported Missouri Girls Town, Welcome Home (a community for Veterans) and had a Pampered Chef party for Easter Seals.

Gamma Delta has been busy with a number of philanthropic projects. Recently they assisted Be the Match (it is not a dating site). Be the Match is an organization that recruits donors to see if they are possibly a stem cell match. In addition, they work with Cornerstones of Care which helps kids in need. And, this is just a couple of their projects.

We have a number of other chapters doing great things across Missouri as well. And, our State Convention is just around the corner in early April. It will be fun as always!

Brenda Fields– President





The Midwest Area Regional Council newsletter, reMARCs, shall be published with deadline for submitting information for each issue being the first of the month of the issue date. The issue dates shall be November, March, June and August of each MARC fiscal year.

Per the standing rules the next set of articles will be due in June. If you could please send them to me by May 20th so I can get stuff together to go out on or around June 1st that would be great!

If you have any questions you can email me or text me

Email: britt131222@gmail.com

Phone: 8103369284

Britt